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Advance Directives

Planning for Medical Care in the Event of
Loss of Decision-Making Ability



Bradley Geller

Michigan Long Term Care Ombudsman Program

Advance Directives

Planning for Medical Care in the Event of Loss of Decision-Making Ability

- Durable Power of Attorney for Health Care
- Living Will
- Do-Not-Resuscitate Order
- Declaration of Anatomical Gift

02/2014

DURABLE POWER OF ATTORNEY FOR HEALTH CARE

I,	, am of
(Print or type your full name)	
sound mind and I voluntarily make this designation.	
APPOINTMENT OF PATIENT A	DVOCATE
I designate	, my
(Insert name of patient advocate)	(Spouse, child, friend)
living at	
(Address and telephone number of	f patient advocate)
as my patient advocate. If my first choice cannot serv	ve, I designate
, my	
(Name of successor patient advocate)	
living at	
(Address and telephone number of success	ssor patient advocate)
to serve as my patient advocate.	

My patient advocate or successor patient advocate must sign an acceptance before he or she can act. I have discussed this appointment with the individuals I have designated as patient advocate and successor patient advocate.

GENERAL POWERS

My patient advocate or successor patient advocate shall have power to make care, custody and medical treatment decisions for me if my attending physician and another physician or licensed psychologist determine I am unable to participate in medical treatment decisions.

In making decisions, my patient advocate shall try to follow my previously expressed wishes, whether I have stated them orally, in a living will, or in this designation.

My patient advocate has authority to consent to or refuse treatment on my behalf, to arrange medical and personal services for me, including admission to a hospital or nursing care facility, and to pay for such services with my funds.

My patient advocate shall have access to any of my medical records to which I have a right, immediately upon signing an Acceptance. This shall serve as a release under the Health Insurance Portability and Accountability Act.

Immediately upon signing an Acceptance, my patient advocate shall have access to my birth certificate and other legal documents needed to apply for Medicare, Medicaid, and other government programs.

POWER REGARDING LIFE-SUSTAINING TREATMENT

(OPTIONAL)

I expressly authorize my patient advocate to make decisions to withhold or withdraw treatment which would allow me to die, and I acknowledge such decisions could or would allow my death. My patient advocate can sign a donot-resuscitate declaration for me. My patient advocate can refuse food and water administered to me through tubes.

(Sign your name if you wish to give your patient advocate this authority)

POWER REGARDING MENTAL HEALTH TREATMENT

(OPTIONAL)

I expressly authorize my patient advocate to make decisions concerning the following treatments if a physician and a mental health professional determine I cannot give informed consent for mental health care:

(check one or more consistent with your wishes)

☐ outpatient therapy
my admission as a formal voluntary patient to a hospital to receive inpatient mental health services. I have the right to give three days notice of my intent to leave the hospital.
my admission to a hospital to receive inpatient mental health services
☐ psychotropic medication
☐ electro-convulsive therapy (ECT)
☐ I give up my right to have a revocation effective immediately. If I revoke my designation, the revocation is effective 30 days from the date I communicate my intent to revoke. Even if I choose this option, I still have the right to give three days notice of my intent to leave a hospital if I am a formal voluntary patient.
(Sign your name if you wish to give your patient advocate this authority

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POWER REGARDING ORGAN DONATION

(OPTIONAL)

I expressly authorize my patient advocate to make a gift of the following

(check any that reflect your wishes)
☐ any needed organs or body parts for the purposes of transplantation, therapy, medical research or education
only the following listed organs or body parts for the purposes of transplantation, therapy, medical research or education:
☐ my entire body for anatomical study
☐ (optional) I wish my gift to go to -
(Insert name of doctor, hospital, school, organ bank or individual)
The gift is effective upon my death. Unlike other powers I give to my patient advocate, this power remains after my death.
(Sign your name if you wish to give your patient advocate this authority)

STATEMENT OF WISHES

My patient advocate has authority to make decisions in a wide variety of circumstances. In this document, I can express general wishes regarding conditions such as terminal illness, permanent unconsciousness, or other disability; specify particular types of treatment I do or not want in such circumstances; or I may state no wishes at all. If you have chosen to give your patient advocate power concerning mental health treatment, you can also include specific wishes about mental health treatment such as a preferred mental health professional, hospital or medication. (Choose A or B.)

A. My wishes are as follows (you may attach more sheets of paper):		

<u>or</u>

B. I choose not to express any wishes in this document. This choice shall not be interpreted as limiting the power of my patient advocate to make any particular decision in any particular circumstance.

I may change my mind at any time by communicating in any manner that this designation does not reflect my wishes or that I do not want my patient advocate to have authority to make decisions for me.

It is my intent no one involved in my care shall be liable for honoring my wishes as expressed in this designation or for following the directions of my patient advocate.

Photocopies of this document can be relied upon as though they were originals.

SIGNATURE

I sign this document voluntarily, and I understand its purpose.

Dated:		
Signed:		
	(Your signature)	

(Your address and telephone number)

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STATEMENT REGARDING WITNESSES

I have chosen two adult witnesses who are not named in my will; who are not my spouse, parent, child, grandchild, brother or sister; who are not my physician or my patient advocate; who are not an employee of my life or health insurance company, an employee of a home for the aged where I reside, an employee of community mental health program providing me services or an employee at the health care facility where I am now.

STATEMENT AND SIGNATURE OF WITNESSES

We sign below as witnesses. This declaration was signed in our presence.

The declarant appears to be of sound mind, and to be making this desivoluntarily, without duress, fraud or undue influence.		
(Print name)	(Signature of witness)	
(Address)		
(Print name)	(Signature of witness)	
(Address)		

ACCEPTANCE BY PATIENT ADVOCATE

- (1) This designation shall not become effective unless the patient is unable to participate in decisions regarding the patient's medical or mental health, as applicable. If this patient advocate designation includes the authority to make an anatomical gift as described in section 5506, the authority remains exercisable after the patient's death.
- (2) A patient advocate shall not exercise powers concerning the patient's care, custody and medical or mental health treatment that the patient, if the patient were able to participate in the decision, could not have exercised in his or her own behalf.
- (3) This designation cannot be used to make a medical treatment decision to withhold or withdraw treatment from a patient who is pregnant that would result in the pregnant patient's death.
- (4) A patient advocate may make a decision to withhold or withdraw treatment which would allow a patient to die only if the patient has expressed in a clear and convincing manner that the patient advocate is authorized to make such a decision, and that the patient acknowledges that such a decision could or would allow the patient's death.
- (5) A patient advocate shall not receive compensation for the performance of his or her authority, rights, and responsibilities, but a patient advocate may be reimbursed for actual and necessary expenses incurred in the performance of his or her authority, rights, and responsibilities.
- (6) A patient advocate shall act in accordance with the standards of care applicable to fiduciaries when acting for the patient and shall act consistent with the patient's best interests. The known desires of the patient expressed or evidenced while the patient is able to participate in medical or mental heath treatment decisions are presumed to be in the patient's best interests.
- (7) A patient may revoke his or her designation at any time or in any manner sufficient to communicate an intent to revoke.

- (8) A patient may waive his or her right to revoke the patient advocate designation as to the power to make mental health treatment decisions, and if such waiver is made, his or her ability to revoke as to certain treatment will be delayed for 30 days after the patient communicates his or her intent to revoke.
- (9) A patient advocate may revoke his or her acceptance to the designation at any time and in any manner sufficient to communicate an intent to revoke.
- (10) A patient admitted to a health facility or agency has the rights enumerated in Section 20201 of the Public Health Code, Act No. 368 of the Public Acts of 1978, Being Section 333.20201 of the Michigan Compiled Laws.

I,	unde	erstand the above
	(Name of patient advocate)	
conditions	and I accept the designation as patient advocate or s	uccessor patient
advocate fo	or	, who signed a
	(Name of patient)	
durable po	wer of attorney for health care on the following date	:
Dated:		
Signed: _		
(Signature of patient advocate)	
(Signature of successor patient advocate)	

Living Will

I,	am
of sound mind, and I voluntarily make this declaration.	
If I become terminally ill or permanently unconscious as determined my doctor and at least one other doctor, and if I am unable to participate decisions regarding my medical care, I intend this declaration to be honored the expression of my legal right to authorize or refuse medical treatment.	in
My desires concerning medical treatment are -	
(attach additional sheets if you wish)	

My family, the medical facility, and any doctors, nurses and other medical personnel involved in my care shall have no civil or criminal liability for following my wishes as expressed in this declaration.

I may change my mind at any time by communicating in any manner that this declaration does not reflect my wishes.

Photostatic copies of this document, after it is signed and witnessed, shall have the same legal force as the original document.

I sign this document after careful consideration. I understand its meaning and I accept its consequences. Signed: (Your signature) (Your address) STATEMENT OF WITNESSES We sign below as witnesses. This declaration was signed in our presence. The declarant appears to be of sound mind, and to be making this designation voluntarily, without duress, fraud or undue influence. (Print Name) (Signature of Witness) (Address) (Signature of Witness) (Print Name) (Address)

DO-NOT-RESUSCITATE ORDER

This do-not-resuscitate o	rder is issued by	,
		or print physican's name)
attending physician for	(Type or print declara	ant's or ward's name)
Use the appropriate cons	ent section below, A. or	B. or C.
A	. DECLARANT CO	NSENT
•		cian named above. I request that cop, no person shall attempt to
This order will remain in	effect until it is revoked	l as provided by law.
Being of sound mind, I import.	voluntarily execute this	order, and I understand its full
(Declarant's signature)		(Date)
(Signature of person who if applicable)	o signed for declarant,	(Date)
(Type or print full name)		

B. PATIENT ADVOCATE CONSENT

I authorize that in the event the declarant's heart and breathing should stop, no person shall attempt to resuscitate the declarant. I understand the full import of this order and assume responsibility for its execution.

This order will remain in effect until it is revok	ked as provided by law.
(Patient advocate's signature)	(Date)
(Type or print patient advocate's name)	
C. GUARDIAN CO	ONSENT
I authorize that in the event the ward's heaperson shall attempt to resuscitate the ward. I order and assume responsibility for its execution	understand the full import of this
This order will remain in effect until it is revok	ked as provided by law.
(Guardian's signature)	(Date)
(Type or print guardian's name)	

PHYSICIAN'S SIGNATURE

(Physician's signature)	(Date)
(Type or print physician's full name)	
ATTESTATION O	F WITNESSES
The individual who has executed this ordunder no duress, fraud, or undue influential individual has (has not) received an identification.	nce. Upon executing this order, the
(Witness signature)	(Date)
(Type or print witness's name)	
(Witness signature)	(Date)
(Type or print witness's name)	

THIS FORM WAS PREPARED PURSUANT TO, AND IN COMPLIANCE WITH, THE MICHIGAN DO-NOT-RESUSCITATE PROCEDURE ACT

DO-NOT-RESUSCITATE ORDER

Use the appropriate consent section below, A or B.

A. DECLARANT CONSENT

I request that in the event my heart and breathing should stop, no person shall attempt to resuscitate me.

This order is effective until it is revoked as provided by law.

Being of sound mind, I voluntarily execute this order, and I understand its full import.

(Declarant's signature)	(Date)	
(Signature of person who signed for declarant, if applicable)	(Date)	
(Type or print full name)		

B. PATIENT ADVOCATE CONSENT

I authorize that in the event the declarant's heart and breathing should stop, no person shall attempt to resuscitate the declarant. I understand the full import of this order and assume responsibility for its execution.

This order will remain in effect until it is revoked as provided by law.

(Patient advocate's signature)	(Date)
(Type or print patient advocate's name)	
ATTESTATION OF	WITNESSES
The individual who has executed this order under no duress, fraud, or undue influence individual has (has not) received an identifica-	e. Upon executing this order, the
(Witness signature)	(Date)
(Type or print witness's name)	
(Witness signature)	(Date)
(Type or print witness's name)	

THIS FORM WAS PREPARED PURSUANT TO, AND IN COMPLIANCE WITH, THE MICHIGAN DO-NOT-RESUSCITATE PROCEDURE ACT

Declaration of Anatomical Gift

I,	, am of sound mind, and I
	, am of sound mind, and I In the hope I may help others, I make the ffect upon my death: (You may check any one
☐ A. Any needed organs of therapy, medical research or educate	or body parts for the purposes of transplantation, tion.
·	listed organs or body parts for the purposes of al research or education:,
☐ C. My entire body for an	natomical study.
Dated: Signed:	:
	(Your Signature)
(Address)	
	OPTIONAL
I wish my gift to go to	
(Insert name o	of doctor, hospital, school, organ bank or individual)
I wish to have my body at m	ny funeral: yes no

STATEMENT OF WITNESSES

This declaration was signed in our presence by the declarant or at his or her direction. We sign below as witnesses in the presence of the declarant.

(Print Name) (Signature of Witness)

(Address) (Signature of Witness)

(Address)